

The Effect of Hypnosis on the Emotions of Cancer Patients

Study Focus:

Alleviate the psychological distress (fear, grief, anger, sadness, anxiety, confusion) of living with cancer

Requirement:

Only patients NOT working with a professional therapist regarding their feelings and emotions may participate

Cost to Participate in Study:

FREE of charge

Study includes: 1 hypnotic session, 1 follow up phone interview two weeks later

Study group is limited to 100 cancer patients. Please do not delay in calling.

For more information contact:

Christine J. Rossiter
Master Clinical
Hypnotherapist
SERCO-MC LLC
1409 N.E. 22nd Avenue, # 103
Ocala, FL 34470
352-625-6924
800-376-0997
cjrossiter@yahoo.com

Offices in Ocala, Gainesville and Summerfield

Most of the cancer and hypnosis research to date focuses on physical aspects such as pain management and nausea. The goal of this study is to prove that hypnosis focused on the emotions related to cancer can help patients improve their quality of life and feel as positive and proactive as possible during treatment.

As reported in the December 20, 2007 issue of the Journal of Clinical Oncology, Dr. Kathryn I. Pollak of Duke University Medical Center led a study that determined opportunities to have discussions about emotions in medical settings are limited. The article states that it doesn't mean that medical professionals are uncaring or insensitive, just that they are more focused on the physical aspects of healing, curing or getting the cancer under control.

Yet, oncologist Jeremy Geffen, M.D., author of The Journey Through Cancer: Healing and Transforming the Whole Person, states that, "Feelings and emotions affect every aspect of our physiology. This can be especially important on the cancer journey, which is often an emotional roller coaster."

Unresolved fear, grief, anger, sadness, anxiety and confusion may limit the body's natural ability to fight cancer and recover. According to Dr. Geffen, "To heal at the deepest level requires understanding our thoughts, beliefs and the meanings we give to what is occurring in our lives... releasing those that are negative, and choosing others that are supportive, empowering and life-affirming."

The effectiveness of hypnosis in overcoming psychological distress is extensively documented. This study seeks to prove hypnosis is an effective adjunct to the medical treatment of cancer in as little as one session. Hypnosis is a complimentary therapy. It does not replace medical treatment or direction from physicians.